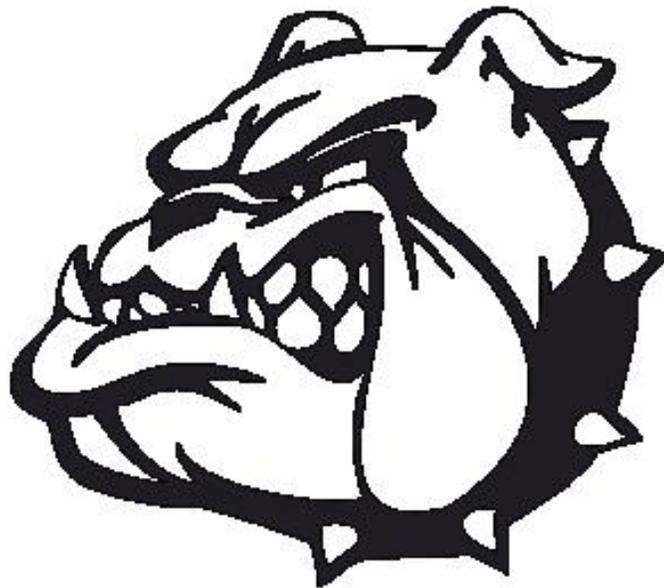


Sturgeon School District



Athletic/Activities Handbook

Board Approved
February 12, 2015

Philosophy

Sturgeon School District believes that the activity/athletic programs shall supplement the secondary curricular program, and as such, become a vital part of a student's **TOTAL** educational experience. These experiences contribute to the development of learning skills and emotional patterns that enable the student to make maximum use of their education. Student participation in any part of our activities is a **privilege** which carries with it responsibility to the school, to the activity, to the student body, to the community and to the student themselves.

Mission Statement

The Sturgeon School District's Athletic Department's mission is to provide opportunities, through participation, for students to learn core, ethical values and grow socially as well as emotionally. In a competitive environment, students will learn teamwork, sportsmanship, and develop character traits to help make them productive members of society. These experiences should be positive and memorable, they should foster a learning capacity for; committing to a cause, accepting responsibility, and being loyal to any chosen endeavor.

Missouri State High School Activities Association

Sturgeon School District is a member of the Missouri State High School Activities Association (MSHSAA). MSHSAA establishes regulations governing participation in activities in the state. These regulations are adopted by a vote of all member schools. It is the philosophy of the MSHSAA to guarantee that the focus of activities programs is educational in nature. The MSHSAA, through its member schools, establishes eligibility rules, individual sports rules, non-school competition standards, and athletic transfer policies, as well as organizing State Championships.

Conference Affiliation

Sturgeon High School is a member of the Central Activities Conference and as a member will adhere to the rules and regulations of the conference. Presently there are seven member schools. They are as follows: **Cairo, Pilot Grove, Slater, New Franklin, Glasgow, Madison, and Sturgeon.**

Interscholastic Sport by Season

Fall (Practices generally begin around the first week of August)

Softball (Girls)

Jr. Varsity, Varsity

Grades 9 - 12

Baseball (Boys)

Jr. Varsity, Varsity

Grades 9 - 12

Golf (Girls)

Jr. Varsity, Varsity

Grades 9 - 12

Basketball (Girls & Boys)

Middle School

Grades 7 - 8

Cheerleading

Middle School

Grades 7 - 8

Winter (Practices generally begin the last week in October)

Basketball (Girls & Boys)

Jr. Varsity, Varsity

Grades 9 - 12

Cheerleading (Girls & Boys)

Varsity

Grades 9 - 12

Spring (Practices generally begin the last week in February)

Baseball (Boys)

Jr. Varsity, Varsity

Grades 9 - 12

Golf (Boys)

Jr. Varsity, Varsity

Grades 9 - 12

Track (Girls & Boys)

Varsity

Grades 9 - 12

Middle School

Grades 7 - 8

Eligibility Standards

Citizenship- Students who represent Sturgeon School District must be creditable citizens. Those students whose character or conduct is such as to reflect discredit upon themselves or their school are not considered “creditable citizens”. A student shall not be considered eligible while under suspension (either in school or out of school).

Academics- Students must be currently enrolled in courses offering 3 units of credit and have passed six subjects the preceding semester. Credit earned during summer school may count for determining eligibility. Up to one credit may be earned in summer school and be applied to the previous semester credits. However not all classes count. Check with the Activities Director for more information. A repeated class already passed or an audited class does not count toward the 3.0 units of credit.

Semester of Participation- A student shall not participate for more than four seasons while in grades 9 - 12 in any interscholastic activity. This shall be during the student’s first eight semesters of attendance in high school beginning with his or her entrance into the ninth grade, and the eighth semester shall follow immediately the seventh semester.

Age Standards- A student shall not have reached the age of 19, prior to July 1 preceding the opening of school. A freshman shall not have reached the age of sixteen prior to July 1 preceding the opening of school. If a student reaches the age of 10 on or following July 1, the student may be considered eligible for the ensuing school year.

Residence- A student must reside in the boundaries for their school in order to attend that school. A student must live with their parents. Legal guardianship may enable a student to enroll in school but athletic eligibility is not guaranteed. If a student has a question regarding this, they should contact the Activities Director.

Transfer- A student who transfers from one school to another is usually eligible to participate in athletics if there is a corresponding change in the parents’ residence. Without a corresponding change in residence a student may be eligible for sub varsity level sports only. These rules can be complicated. Any student contemplating a change in schools should check with the Activities Director.

Non-School Competition- A student may not compete during the season on an outside team in the same sport. A student may compete in a different sport with the approval of the coach and the Administration. Clinics or one-to-one instruction may be allowed. Check with the Activities Director. (See MHSAA Bylaws)

Attendance Policy- All students who represent the school in activities must attend school for ½ day in the High School (11:19) and attend 4 academic hours in the Middle School. On Wednesday or a shortened day consisting of 320 minutes students must attend school for ½ day in the High School (10:25) and 4 academic hours in the Middle School. If the competition is on a day when school is not in session, the above rule applies to the last day

prior to the event that school was in session. An unexcused absence will prevent the student from competing that particular day and it will prevent the student from competing until a ½ or 4 academic hours (MS) day of classes has been attended.

Grade Check- Grades will be checked using each mid-quarter report and quarter grades. If a student is found to have two (2) F's or a combination of three (3) D's or F's, they will be ineligible to practice or participate in contests for ten (10) calendar days. At the end of these ten days they will be given the opportunity to have the teacher in their classes to sign off that the grade has improved. If not, the student is ineligible until the students grades no longer consist of two (2) F's or a combination of three (3) D's or F's.

PHYSICAL AND INSURANCE REQUIREMENTS

Athletic by-laws in the MSHSAA Handbook state: "The school shall require of each student participating in athletics a certificate of an issued physical signed and authorized by a physician, advanced nurse practitioner in written collaborative practice with a physician, or a certified physician's assistant in collaboration with a sponsoring physician stating the individual is physically able to participate in athletic practices and contest of his/her school. The physical is valid for the 365 consecutive days after issued. Area nurses and doctors offer their service each spring to provide free physicals for Sturgeon School District students. Information regarding the date, time, and location will be available well in advance.

A student shall NOT be permitted to practice or compete for a school until it has verification that he or she has basic athletic insurance coverage.

Equipment

In order to give the student a sense of responsibility and an appreciation of the equipment, each student is responsible for the abuse, damage or loss of any equipment. This includes uniforms. The student who was issued the equipment must pay for any lost or stolen equipment.

Transportation Policy

All athletes will ride the team bus when traveling to a contest. When traveling, we all go as a team. Team chemistry is often developed on a bus ride home after a big win or a tough loss. It is important to finish the night as a team. When returning home athletes may ride the team bus or ride home with parents upon coaches receiving written permission. Students may secure permission to return from a contest with their parents providing the parents sign the student out on a form which the coach will have available after contests.

In addition students may ride home with others with prior approved notification to administration and coaches.

Sportsmanship

Sturgeon participants are expected to:

- Show respect for the opponent at all times
- Show respect for the officials
- Know, understand and appreciate the rules of the contest
- Maintain self-control at all times
- Recognize and appreciate skill in performance regardless of affiliation
- Regularly attend all classes and abide by all school rules

Citizenship Policy

At Sturgeon, we believe that extracurricular and co-curricular activities supplement the secondary curricular program and are a vital part of a student's total educational experience. These experiences contribute to the development of each student's intellectual, emotional, and social abilities. They provide the student with the opportunity to maximize their overall educational experience.

Student participation in any of our activities is a **privilege** which carries with it responsibility to the school, to the activity, to the student body, to the community, and to the student's themselves. Students who represent Sturgeon in one of our activities must be considered creditable citizens by the administration and the coach/sponsor. Those students whose character or conduct is such as to reflect discredit upon themselves or their schools are not considered "creditable citizens." The student's conduct **in and out of school** shall be satisfactory in accordance with the standards of good citizenship as stated in the MSHSAA handbook. The penalty for those students involved with these types of acts will be:

- a) **In-Season-** The student may be removed from the team or activity group for the remainder of the sport or activity season, the Activities Director and head coach/sponsor involved with that particular student will review the student's discipline as to whether their eligibility will be reinstated into the activities program.
- b) **Out-of-Season-** the Activities Director and head coach or sponsor involved with that particular student will review the student's discipline and determine whether or not their eligibility will be reinstated, if applicable.

NOTES: The penalty for those students involved with these types of acts will be a possible loss of eligibility for 365 days, whether it occurs in season or out of season. Poor citizenship

behavior will result in the same penalties described above regardless of the behavior occurring in school or out of school.

Standard of Conduct: Multiple discipline referrals may result in a coach/ principal conference.

Consequences for violations of the creditable citizenship policy for students will be as follows:

1. **Any Detention**

The student may miss the next game, contest, or performance.

2. **Multiple Detentions, any number of days in In-School Suspension (ACP-ISS).**

While in ACP students are ineligible to practice or play the days they are in ACP. In addition, the student could be ineligible to participate in 25% of the contest, games, activities or performances during that sport or activity season.

3. **Out-of –School Suspension (OSS):**

1st offense- The student could be ineligible to participate in 50% of the contests, games or performances during that sport or activity season. The athlete will not participate in any athletic event while out for OSS. For every day of OSS the athlete will miss a game. (Example: 3 days OSS = 3 games missed)

2nd offense- The student will be removed from the activity for the remainder of the sport or activity season/semester.

4. **Major Discipline or Legal Issues: 2.2.2MSHAA Handbook**

1st Offense- The student will be removed from the activity for the remainder of the sport or activity season/semester.

2nd Offense- The student may be removed from the activity for up to 365 days.

*** Any school disciplinary action may also be punished under team rules.

Due Process

Student participants who are disciplined for violating any of these standards will be afforded due process. The student will be allowed to explain their position to the Coach/Sponsor and or Activities Director before any penalties are invoked. If the disciplinary action results in the suspension of a participant in an extracurricular or co-curricular program for more than one week, the student participant may appeal to the Activities Director, to the building Principal, to the Superintendent of Schools, and ultimately, to the Sturgeon School District Board of Education, according to their policies and procedures.

Lettering Regulations

Each athlete is to appear in ½ of the varsity games. This information is expected to be given to the athletes and parents before the start of the season, either verbally or written. In all sports the athlete must finish the season in order to letter in that sport. Special consideration will be given to athletes who have been injured.

With the first letter earned in any sport the athlete will receive a chenille blue and white S emblem and a pin. This emblem and pin represent the sport in which the letter was earned. Whenever an athlete letters for a second, third or fourth time in a specific sport or activity, a bar will be given.

Fundraising

Fundraising to supplement budgets is completely at the discretion of the coach. Sturgeon High School does not expect coaches to spend their time raising money. Often, however coaches will want to purchase extra items or items which the district cannot provide. Prior to conducting a fundraising activity the central office must approve it. When monetary or property gifts are given to your program, these must also be approved. The purpose for this policy is to help account for all funds. This is for your protection. Coaches and sponsors must know and follow the Sturgeon School Districts Policy on Fundraising.

Parent-Coach/Sponsor Communication

Parent-Coach/Sponsor Relationship

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefits to the student. As parents, when your student becomes involved with our program, you have a right to be informed of the expectations that are placed on your student. This begins with a clear communication from the coach of your student's program.

Communication You Should Expect From Your Student's Coach/Sponsor

- Philosophy of the coach/sponsor
- Expectations the coach/sponsor has for your student as well as the players on the squad.
- Locations and times of all practices and contests.
- Team requirements such as fees, special equipment, etc.
- Procedure to follow if your student is injured during participation.
- Discipline that results in the denial of playing privileges for your student.

Communication Coaches/Sponsors Expect From Parents

- Concerns expressed directly to the coach/sponsor
- Notification of any schedule conflicts, well in advance.
- Any illness or injury

As your student becomes involved with our program, they will experience some of the most rewarding moments of their lives. It is important to understand there are going to be times when things do not go the way your student wishes. At these times, discussion with the coach/sponsor is encouraged.

Appropriate Concerns To Discuss With Coaches/Sponsors

- The physical and mental treatment of your student
- Ways to help your student improve
- Concerns about your student's behavior

It is very difficult to accept your student is not playing as much as you may have hoped. Coaches are professionals. They make decisions based on what they believe to be the best for the TEAM. As you can see from the above list, certain things should be discussed with a coach. Other things, such as the list to follow, should be left to the discretion of the coach.

Issues Not Appropriate To Discuss With Coaches/Sponsors

- Playing Time
- Team Strategy
- Play Calling
- Other Students

There are situations that may require a conference between the coach and parent. These are to be encouraged, it is important that both parties involved have a clear understanding of the others' position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issues of concern.

Procedure to Discuss Concerns with a Coach/Sponsor

- Call the coach/sponsor **at school** to set up an appointment
- If the coach/sponsor cannot be reached at school, do not call them at home, instead set up an appointment through the Activities Director.
- Please do not confront the coach/sponsor before or after a contest or practice. These times are usually emotional for both the parent and coach. Meetings at these times rarely establish a resolution.

THE NEXT STEP...

What to do if the meeting with the coach/sponsor did not resolve your issues

- Call and set up a meeting with the Activities Director to discuss the situation
- Call and set up a meeting with the Principal
- Call and set up a meeting with the Superintendent
- Call and set up a meeting with the School Board

Participant Code of Conduct

The following violations and consequences are minimum guidelines only; all coaches/sponsors have the right to impose additional consequences within their respective programs as they see fit.

Incidents that may occur which are not covered by these guidelines, will be reviewed on an individual basis and decisions related to penalties will be made jointly by the school administration, Activities Director, and Head Coach. Final decisions of all incidents will be at the discretion of the administration.

The loss of a student's privilege to participate carries over to the next season in which a student participates if the suspension cannot be completed by the end of the current season. A season is defined as fall, winter or spring. Violations will not accumulate for a student's high school career; however suspensions may carry over from one school year to another. If a student's participant is in violation of this code, regularly, participation privileges can be revoked indefinitely.

Hearsay and/or anonymous sources will not be used to substantiate violations of this code. A violation of this policy can be sustained either verbally and/or in writing by:

- A law enforcement official
- A medical official
- A faculty member
- A school administrator
- The parent of that student participant
- The confession of that student participant
- A coach or sponsor

Drug and Substance Abuse (Board Policy JFCH)

A student participating in the athletic or activity program in the Sturgeon R-V School District will be subject to disciplinary action if he or she violates the Athletic and Extra-Curricular Code of Conduct. While the Athletic Department promotes healthy and physically fit bodies to be able to absorb the physical demands of sport competition, the use of performance enhancing drugs is strictly prohibited. First of all, they are illegal, but secondly, and very important for young people, is that problems associated with the use of these drugs are numerous and very harmful to the chemical balance of the human body. Workouts are designed to strengthen muscle through intense, repetitive movements, where the muscles breakdown and repair themselves bigger and better. Performance enhancing drugs make the process quicker and in doing so; tears down other bodily function and enhance growth. Side effects include: irritability, cramping, increased aggression. There are more to this list, but all are abnormal body progressions. We believe in getting what you want by working hard for it, no shortcuts.

As it is important to keep their body as physically fit as needed, other drug use is prohibited as well. Being a part of a team means being accountable to your teammates. They need you to give your best. Therefore, a student shall not use a beverage containing alcohol, use tobacco in any form; use, possess, buy, sell or distribute any illegal substance.

First Violation:

Alcohol and other drug violations: A suspension of one third of performance, activities or competitions, including all extra-curricular activities held during this period. This penalty will be reduced if the student successfully completes a school approved chemical awareness program.

Second Violation:

Alcohol and other drug violations: A suspension of 365 days, including suspension from all performance, activities or competitions and other extra-curricular activities during this period. To be allowed to participate again in any activities, the student must successfully complete a school approved alcohol and other drug abuse assessment and follow all recommendations from that assessment.

Third Violation:

Alcohol and other drug violations: The student is suspended for the remainder of his/her high school career including all extra-curricular activities held during this period.

Any student accused of violating these policies is entitled to the due process procedures alluded to in this handbook.

*** Refer to Student Activities Drug- Testing Guidelines- Appendix A***

**PLEASE COMPLETE THIS FORM AND RETURN TO COACH OR
ACTIVITIES OFFICE.**

I have read and understand the Athletic/Activities Handbook and agree to abide by and adhere to its contents.

Student's Name (please print) _____

Student's Signature _____ Date: _____

Parent's Name (please print) _____

Parent's Signature _____ Date: _____

**STUDENT ACTIVITIES DRUG-TESTING GUIDELINES
STURGEON SCHOOL DISTRICT**

Approved by the Sturgeon Board of Education

Effective: 2007-2008 School Year

1. STATEMENT OF PURPOSE AND INTENT

For the safety, health and well-being of the students of the Sturgeon School District, the district has adopted this policy for Sturgeon students who participate in off season and in-season extracurricular and co-curricular activities in grades 7-12 as enumerated below.

It is the desire of the Board of Education, administration and staff that every student in the District refrains from using, possessing or distributing illegal drugs. Substance abuse prevention programs have been utilized in the district in all grades, preschool through grade twelve. The Safe and Drug Free Schools and Communities Program, funded by a federal grant, have helped provide educational activities and materials for students, teachers, parents, and community members.

Participation in school sponsored extracurricular and co-curricular activities in the District is a privilege. Accordingly, the students in extracurricular and co-curricular activities carry a responsibility to themselves, their fellow students, their parents, and their school to set the highest possible examples of conduct, which include avoiding the use of possession of illegal drugs. It is the belief of the Sturgeon board of Education, administration and the staff that this policy will assist the district's efforts to reduce the use of illegal drugs in the district. This policy is intended to complement and supplement all other policies, rules and regulations of the district regarding possession or use of illegal drugs. The actions of this policy relate solely to limiting the opportunity of any student in violation of this policy to participate in extracurricular or co-curricular activities. There will be no suspension from school or violation of this policy, except when the district's discipline policy is also violated. Students will be subject to the penalties of the discipline policy and this policy as appropriate.

2. DEFINITIONS

- A. "Activities" include any school sponsored activity in the following three categories: Missouri State high School Association (MSHSAA) sanctioned activities, competitive activities, and non-competitive activities, the activities, by categories, are as follows:
- B. MSHSAA Activities: athletics, band, choir, speech and debate, cheerleading, dance, and academic competition.
- C. Co-curricular activities: Activities that students participate in outside of the classroom as a result of being enrolled in a school offered class.
- D. Extracurricular activities: Activities that take place outside the regular course of study in school.
- E. "Participant" is any student in grades 7-12 who is involved in extracurricular or co-curricular activities as enumerated in Section 2.C and 2.D of this policy and is thereby eligible to be randomly selected for drug testing.
- F. "Drug Test" means a scientifically substantiated method of test for the presence of illegal drugs as determined by a urine test.
- G. "Illegal Drugs" mean any substance which a student may not sell, possess, use, distribute, or purchase under either federal or Missouri law, all prescription drugs obtained without authorization and all prescribed drugs or over-the-counter drugs being used in dosages, frequency or ways other than directed.
- H. "Screening Test" is the initial urine test which will not be considered basis as the final positive result.
- I. "Non-negative" is a positive result to the initial screening test prior to confirmation by gas chromatography/mass spectrometry test.
- J. "Positive" means a gas chromatography/mass spectrometry test result which is considered to demonstrate the presence of an illegal drug using the following minimum standards:

Amphetamine / Methamphetamine	1000ng/ml
Cocaine	300ng/ml
Opiates	2000ng/ml
THC (marijuana)	15ng/ml
- K. "Off-Season Participants" refers to those students who participated the previous year or current year in any activity but are not presently active in an activity.
- L. "Adulterant/Adulteration" means any attempt to alter the outcome of a urine drug test by adding a substance to the sample, attempting to switch, or otherwise interfere with the detection of illicit or banned substance in the urine,

or purposefully over hydrating oneself in an attempt to dilute the urine to decrease possible detection of illicit or banned substances.

3. PROCEDURES

Each participant in activities will receive copies of the Student Activities Drug-testing Policy and Student Activities Drug-testing Consent Form, which shall be read, signed, and dated by the student and parent(s)/guardian(s). Participants that are in grades 7-12 must submit the signed Student Activities Drug-testing Consent Form to the high school office prior to 3:00PM on the first Friday school is in session for the school year before the student will be allowed to continue or begin practice or participation in any extracurricular activity during the remainder of the school year.

Students in extracurricular groups to be tested include, but are not limited to the following: MSHSAA Activities, FBLA, Student Council, NAHS, NHS, and Drama Club.

Once a student has submitted a Student Activities Drug-testing Consent Form, the student's status in the program will continue until a new form is submitted requesting removal from the program. Each school year, students will be required to sign and submit the Student Activities Drug-testing Consent Form.

Any student removing his/her name from the drug-testing pool will be ineligible for activities for three hundred sixty five (365) Calendar days.

- A.** Participants will be assigned a number for identification. The drug testing company will randomly select students from grades 7-12 for testing. The principal will match the selected numbers to the master list of participants. Participants will be called for testing in the order listed until five have been identified as available for testing.
- B.** Participants will be required to provide urine samples as follows:
 - 1.** In-season and/or off season participants from grades 7-12 will be randomly selected to provide a urine sample/
 - 2.** Testing will occur during the school year only.
 - 3.** Any participant who is selected to provide a urine specimen and is unable to produce a sample within three (3) hours will be interpreted as producing a positive test.
- C.** Any drug test required by the District under the terms of this policy will be administered by or at the direction of a drug-testing company (ESS) chose by the District using scientifically validated toxicological methods. The drug-testing company will be required to provide the

District detailed written specifications to assure chain of custody of the specimens, proper laboratory control and scientific testing.

- D.** Prior to being called by the test administrator, the student will be given an identification number by a school official. When called by the test administrator, the student will proceed to the testing site. The student will present the identification number to the test administrator, who will record that number on the test recording form. The test administrator will then ask the student to remove hats and outer garments (if any) and place the contents of the pocket on the testing table. The student will be allowed to return any non-containers to their person. The student will then be asked to select a collection cup and instructed to open the cup and dump the contents on the table. The test administrator will accompany the student to the restroom, where the student will be instructed to place the collection cup on the ledge or counter and then wash their hand. The test administrator will have placed blue dye into each toilet in the restroom and have taped off all but one sink, prior to the student testing or as the student is washing. When the student finishes drying their hands, the test administrator will then step out of restroom, or behind the restroom outer wall (if there are no outer doors to the restroom), until the student completes the void and comes out of the stall, and places the collection cup on a prearrange flat surface.

When the test administrator re-enters the restroom, he will take the collection cup and determine if there is sufficient specimen to test, that the specimen has an appropriate temperature, and that there is no foreign color or odor to the specimen (if any of the above take place, the test administrator will reject the specimen and collect a second specimen). If the specimen is acceptable for testing, the student will be asked again to wash their hands and then stand by the entrance of the restroom (keeping the specimen in their sight). The test administrator will then open a screening test device and place it in the specimen. When the test administrator completes the screening process, the student will be permitted to leave that area, unless the initial screen indicates the presence of a drug included on the schools testing agenda.

If the screening test indicates a non-negative screen the verification process will be implemented.

- E.** If a specimen is non-negative, then the test administrator will pour the specimen given by the student into a specimen vial(s). The test administrator will pour a minimum of 30 ml. into the first vial. If there is a sufficient amount of specimen, a second vial of at least 15 ml. will be poured up. The remaining specimen, if any, will be discarded and the test administrator will complete the chain of custody according to proper collection procedures. The specimen will then be shipped to a SAMSHA-certified laboratory for a second screening. If the second screening is non-negative, then a conformation analysis will be conducted using a gas chromatography/mass spectrometry (GC/MS). The results of the confirmation test will be released to the designated school official, who will then contact that parent(s)/ legal guardian(s) of the student, and the student, to arrange a meeting to discuss the test results. The parent/guardian will be asked to bring any medications the student is currently taking in order to determine if there is a legitimate medical reason to explain the presence of the non-negative drug in the student's specimen. On occasion, a negative sample will be sent to the lab for a spot check.
- F.** Each sample will be tested for adulterants. If and adulteration substance is found, the test will be considered positive.
- G.** Upon confirmation by a SAMSHA-certified laboratory of a non-negative specimen, the parents of the student will be asked to bring any prescription medications the student is currently taking to a meeting with a designated school official. The official will then verify with either the school nurse or the test administrator (or the administrators company representative) as to the validity of the medication producing the non-negative result. If the medication produces a legitimate medical reason for the presence of drugs, the results will be deemed as negative. If there is no legitimate or acceptable medical explanation, the non-negative result will remain. Proof of medication can be given through the presentation of a prescription bottle or through doctor verification.
- H.** The District will rely on the opinion of the medical review officer in determining whether the positive test result. The principal will inform the Activities Director, the head coach and/ or sponsor.

- I. Once a positive result is determined, the medical review officer will inform the principal of the positive result. The principal will inform the Athletic Director, the head coach/or sponsor.
- J. Upon the suspension from activities based upon a positive drug test, the participant may appeal the medical review officer's decision to the principal. The principal will review evidence and provide their written decision to the participant and parent(s)/ guardian(s) within five (5) working days of the appeal.
- K. The principal's decision may be appealed in writing to the Superintendent of Schools within five (5) working days. Within five working days of the receipt of the appeal, the superintendent will provide a written response to the appeal
- L. Parent(s)/guardian(s) of students who tested negative in the initial screening will be contacted by personnel of the District within five (5) working days after testing.

4. VIOLATIONS

Any student who tests positive in a drug test under this policy shall be subject to the following restrictions:

- A. For the first offense, the participant shall be suspended from participation for 30 days in that specific season. (Students will be allowed to practice)...

In-season Athlete/participants will begin immediately for all offenses. If suspension contests/days exceed days left in the sport/activity, then the excess shall be served beginning the 1st contest/day of practice of the next sport/activity upcoming in which the student has participated the previous year.

Out-of-season Athlete/participant: Suspension will begin the first day of practice of the next sport/activity upcoming in which athlete/student has participated the previous year.

Any participant who tested positive will be required to provide a negative drug test, within five school days, at the end of the initial suspension will be considered a second violation. Subsequent positive tests will be considered a second violation and a third violation.

- B. For the second offense, the participant will be suspended from participation in all in-season activities including all meetings, practices, performances, and competitions for 90 days from the date of the confirmation of the positive test.

The participant must provide a negative drug test at participant cost before regaining eligibility.

- C. For the third offense, the participant will be permanently suspended from participation in all in-season or off season activities for the remainder of their high school career.

5. REFUSAL TO SUBMIT TO DRUG ABUSE TEST

If a participant refuses to submit to a drug test authorized under this policy the participant will be considered to have had a positive test and will receive restrictions according to the offense. Any student who has a positive test and refuses to complete the required paperwork for the confirmation test will be treated as a refusal to submit to testing.

6. STUDENT DISCIPLINE POLICY

This student Activities Drug-testing Policy does not limit or otherwise affect Board policy, regulation or procedure regarding discipline for the sale, possession, use, distribution or purchase of drugs or alcohol when reasonable suspicion of such conduct arises out of circumstances other than the random testing conducted pursuant to the policy.

7. REASONABLE SUSPICION

A suspicion based on specific personal observation concerning the appearance, speech, or observation of a participating student, and reasonable inferences drawn from those observations in the light experience, information provided by a reliable source, if based on a personal knowledge or if found in possession of, shall constitute reasonable suspicion.

CONSENT FORM
STUDENTS ACTIVITIES DRUG-TESTING POLICY
STURGEON SCHOOL DISTRICT
Approved by the Sturgeon Board of Education
Effective 2007-2008 School Year

Participant Name (print) _____ Grade: _____

I, the undersigned participant in the extracurricular and/or co-curricular activities program in the Sturgeon School District, Sturgeon, Missouri, am willing to consent to take a drug screening test for illegal substances in accordance with District policies and procedures. I understand the restriction that would be imposed on me for failure to consent to the drug screening test. I also understand that the results of such tests will be considered toward determining my continued eligibility for participation in activities.

I consent to allow specimen of my urine to be collected by the drug testing collection agency and/or testing laboratory to the authorized district personnel via electronic or other means, i.e., telephone, tele printer, facsimile, computer, etc.

Signature of Student Parent: _____ Date: _____

Signature of Parent/Guardian: _____ Date: _____